

Love Practice Guide

PRACTICE 1 - ABIDE

“I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. As the Father has loved me, so have I loved you. Abide in my love.”

- John 15:5, 9

In order to love well, we must go deeper into the love of Christ. Spend time this week with these Scripture passages to be refreshed and renewed in the love of Christ and allow the Holy Spirit to use Christ’s love to compel you towards love for others.

- Monday - 1 John 3:1-18
- Tuesday - Romans 5:1-11
- Wednesday - Ephesians 1:1-14
- Thursday - Psalm 103
- Friday - Galatians 2:20

PRACTICE 2 - SACRIFICE

Little children, let us not love in word or talk but in deed and in truth.

- 1 John 3:18

It is not enough to simply say we are going to love, have a rich theology of love, or voice our intent to love, we must also love in deed and action. Take some time this week to do a sacrificial act of love for someone in our church or city.

Here are some ideas to help you get started:

- Watch someone’s kid(s) so they can have some time with God or with their spouse.
- Offer to pick up groceries or a meal for someone.
- Take care of some household chores for someone else (roommate, neighbor, church fam) - cleaning, mowing the lawn, etc.
- Buy someone a coffee and spend an hour listening to what’s happening in their lives and then encourage them with the truth of God’s Word.
- Reach out to members in your Community Group for prayer requests, and then spend time actively praying for them.



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