



## Spiritual Warfare Prayers

*"Far too many Christians think far too little and lightly of the extent of Satan's influence in our world. We treat Satan's existence and activity in much the same way we think about gravity and breathing – we hardly give these things a second thought. Precisely. We know that gravity is real and largely accounts for why the physical universe is as it is and operates in the way it does. But no one pauses before putting a foot forward and consciously thinks, "Well, I hope gravity is still real. If it isn't, I may either fall on my face or float upwards to heaven." Likewise, no one pauses between each breath we breathe and analyzes what is happening. Sadly, and dangerously, many Christians treat Satan and his demons in much the same manner. Whether through arrogant presumption or outright neglect or even a fear of being laughed at by others, people ignore the spiritual realm. They live as if it didn't exist, or if it does, it has little to no bearing on their daily routines."*

- Sam Storms

*The number one reason why prayer malfunctions in the hands of a believer is that they try to turn a wartime walkie-talkie into a domestic intercom.*

- John Piper

### **We Are At War**

To be a Christian is to be a soldier. The Bible is very clear - we are at war. We must engage our very real enemy who wants nothing more than to destroy God and His people, for his own glory.

In the Scriptures, we are guided into spiritual warfare through the ancient practice of prayer. This is a chance for us to pray for protection over ourselves and others, as well as to pray prayers of advancement for the kingdom of God against the kingdom of darkness.

The following guide can act as a prayer guide to engage in spiritual warfare via prayer;

## PRAYER GUIDE THROUGH EPHESIANS 6

As you work through Ephesians 6:10-20, take 3-5 minutes to pray in light of the various prompts.

*10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.*

**Lord, help me to expect spiritual warfare in my everyday life....**

*13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace.*

**Lord, help me say “no” to sin and live righteously...**

*16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one;*

**Lord, help me to resist the accusations and deceit of my ancient enemy...**

*17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication.*

**Lord, help me to live an undistracted, prayerful life in your presence...**

*To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak. the Lord continually as a group or as individuals asking Him for healing. He delights in our persistence.*

**Lord, protect those in my church family, and allow them to resist the evil one as well...**

## RESOURCES

The following are recommended resources if you would like to journey further into this practice:

- **Fighting the World, The Flesh, & The Devil** by Bridgetown Church
- **Deliverance** by Jon Thompson